

GILDA'S CLUB VOLUNTEER OPPORTUNITIES

Gilda's Club is a *free* cancer support community that provides social, emotional and educational support to men, women and children affected by cancer. Our volunteer needs change periodically but once we receive your application we will put you on our mailing list and notify you when we have an opportunity that you have indicated an interest in. We may meet with you one on one to discuss further how you can be utilized at Gilda's Club and/or provide training as needed. (Check all that apply)

_____ **Children and Teen Program:** Children and adolescents come to Gilda's Club for either playtime in Noogieland or to socialize during Teen Time. Some have cancer; others have parents with cancer. We want each child and adolescent to have special attention by our volunteers while they are at Gilda's Club. We occasionally have a need for volunteers at the last minute. Generally volunteers are needed weeknights. A background check is required.

_____ **Noogiefest:** This is our annual children's Halloween party held in October, and open to children in the community. Planning begins in August and includes securing sponsors, planning activities, decorating and promotion.

_____ **Goodie Gang:** Like any Midwest kitchen members gather in the kitchen to enjoy baked goodies and snacks. Would you be willing to contribute snack foods for our members to enjoy? Provide as often as you would like. The greatest need is Monday through Thursday. For your convenience we can schedule you to provide snacks for one particular day each month.

_____ **Gardening:** If you love a nice yard and enjoy working with plants and flowers, you could assist in tending the Gilda's Club gardens. Weeding and pruning are a must. Perhaps you could find just the right spot for annuals or perennials. Volunteers are needed from spring until fall.

_____ **Workshops/Lectures:** If you have a talent and/or professional experience and would like to present member workshops or lectures in topics such as, yoga, cooking, crafts (or any topic you think would be of interest to those dealing with cancer) please indicate below what skill you would like to share.

_____ **Outreach:** Help us to spread the word about Gilda's Club by delivering materials to healthcare offices, presenting to an afterschool program or manning a booth at a health/community fair.

_____ **Gilda's Run:** This is our annual one mile and 5K walk/run event that we need volunteers to help with packet pick-up, water stations, course monitoring, and other duties.

_____ **Other:** You tell us what ideas you have about helping at Gilda's Club:

Please send or fax this application to Gilda's Club Quad Cities, 1234 East River Drive, Davenport, Iowa. Our fax number is 563-323-1658. Thank you for your interest in volunteering.

Name

Address/City/State/Zip

Telephone (home/work/cell)

Date of Birth

Occupation or student (at which school)

E-mail address

If under 18 parent name and contact information

Preferred method of contacting me:

I would like to receive the monthly calendar of Gilda's Club activities: yes or no

If yes, please send by: Mail E-mail

Special skills/talents and/or experience with cancer: